

HINDUISM Part 2



Beliefs	Worship & Teachings	Living as a Hindu
<ul style="list-style-type: none"> ➤ God is worshipped in different forms and /or is believed to be formless <ul style="list-style-type: none"> ▪ Some forms of God: e.g. Shiva, Durga, Hanuman, Lakshmi, Krishna & Radha, Ganesh, Murugan, Rama & Sita. ▪ Ways that respect is shown to God. ➤ Religious symbols <ul style="list-style-type: none"> ▪ Aum / Om. ➤ Beliefs about life, death and rebirth 	<ul style="list-style-type: none"> ➤ Worship is a daily ritual expressing devotion, gratitude and love. ➤ The Mandir / Kovil <ul style="list-style-type: none"> ▪ Preparations for worship. ▪ The shrine. ▪ The Arti Ceremony. ▪ Puja. ▪ Bhajan and Kirtan. ▪ The role of the divine images. ▪ The puja tray. ▪ Meditation. ➤ The importance of sacred places in India <ul style="list-style-type: none"> ▪ The Ganges ▪ Benares ▪ Ayodhya ▪ Mathura 	<ul style="list-style-type: none"> ➤ Belonging to the Community and how Hindus try to live a good life ➤ The Journey of Life <ul style="list-style-type: none"> ▪ Birth, marriage and death. ▪ Four ashramas.